

School Health Survey 2022-2023

The Texas Education Code (TEC), §38.0141, requires the Texas Education Agency (TEA) to collect data relating to student health and physical activity from each school district/charter district. The School Health Survey has been developed for this purpose. The data gathered will allow the agency to better address the various health-related needs of Texas schools and students statewide.

The survey will take approximately 15-30 minutes to complete. This survey must be completed **ONLINE** and can be submitted only **once** for each school district (including a district designated as a district of innovation) or charter school. Every charter holder with multiple schools will need to designate a contact at each school to be responsible for filling out the survey. Your responses should reflect the entire 2022-2023 academic year and may require you to work with colleagues in your district/charter school to completely answer all questions. You may wish to copy the questions and complete the answers in a text document before entering your responses online.

Survey completion deadline – **FRIDAY, June 2, 2023**

INSTRUCTIONS

The online submission requires you to complete the entire survey. To make changes, simply click on the new response. In some cases, you will need to unclick a previous answer to change the response. To move through the survey, click the previous/next (Forward arrow/Back arrow) buttons at the bottom of each page.

At the end of the survey, you may wish to print a copy of the completed survey for your records **BEFORE** you click "DONE." After clicking "DONE" you will not be able to re-enter the survey to make changes. You will receive a "pop-up" message as your confirmation receipt. You will not receive any other confirmation.

Thank you for your participation in the 2022-2023 School Health Survey.

Please select your region and district from the list below.

ESC Region

District Name and Number

▼ ESC 01 - Edinburg (1) ... ESC 20 - San Antonio ~ UVALDE CISD, (232903) (1236)

Preparer Information

Name of Preparer (First/Last Name)

Title of Preparer

Email Address of Preparer

1. During the 2022-2023 academic year, were members of the following groups represented on your school health advisory council (SHAC)? (Mark all that apply.)

Business community

Clergy/faith-based organizations

Health care professionals (e.g., school nurses)

Law enforcement

Local domestic violence programs

Non-profit health organizations

School administrators

School teachers

Senior citizens

Students

Not applicable (charter schools only)

2. How many times did your SHAC meet during the 2022-2023 academic year?

▼ 0 (1) ... 4

3. During the 2022-2023 academic year, what was your district/charter school's practice for meeting the elementary school physical activity requirement?

- 30 minutes/day for all grade levels
- 30 minutes/day for some grade levels, 135 minutes/week for others
- 135 minutes/week for all grade levels
- More than 135 minutes/week
- More than 150 minutes/week
- Other (please specify) _____

4. During the 2022-2023 academic year, what was your district/charter school's practice for meeting the middle/junior high school physical activity requirement?

- 30 minutes/day in physical education for four semesters
- 225 minutes/two weeks in physical education for four semesters
- Other (please specify) _____
- Four semesters of physical activity in alternative programs
- A mixture of physical education and alternative programs

5. During the 2022-2023 academic year, did each campus in your district/charter school have the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity required by TEC [§28.002\(l\)](#)?

- Yes
- No

6. During the 2022-2023 academic year, did your district/charter school have a policy to allow teachers or administrators in the district to withhold physical activity from a student as a form of punishment?

Yes

No

7. During the 2022-2023 academic year, did your district/charter school allow modifications or accommodations to enable physical education courses to meet the needs of students with disabilities?

Yes

No

8. During the 2022-2023 academic year, did your district/charter school notify parents that they could request in writing their child's physical fitness assessment results at the end of the school year?

Yes

No

9. During the 2022-2023 academic year, did your district/charter school adopt policies and procedures that prescribed penalties for the use of electronic-cigarettes and tobacco products by students and others on campuses or at school-sponsored or school-related activities?

Yes

No

10. During the 2022-2023 academic year, did your district/charter school use a suicide prevention program or curriculum for students from the Suicide Prevention Resource Center's Best Practice Registry?

Yes

Other (please specify) _____

No

11. During the 2022-2023 academic year, did your district/charter school provide training for staff in dealing with students at risk of suicide, recognizing early warning signs, and how to intervene effectively with students?

Yes

No

12. During the 2022-2023 academic year, which Coordinated School Health Program did your district/charter school implement in elementary schools?

Bienestar

CATCH

Other (please specify) _____

Great Body Shop

SPARK (Prior to May 2019)

13. During the 2022-2023 academic year, which Coordinated School Health Program did your district/charter school implement in middle and/or junior high schools?

Bienestar

CATCH

Other (please specify) _____

Great Body Shop

SPARK (Prior to May 2019)

14. During the 2022-2023 academic year, did your district/charter school require health education as a graduation requirement for high school students?

Yes

Other (please specify) _____

No

15. During the 2022-2023 academic year, did your district/charter school adopt policies to meet the U.S. Department of Agriculture (USDA) smart snack/competitive food requirements?

Yes

Other (please specify) _____

No

16. During the 2022-2023 academic year, did your local wellness policy address any of the following? (Mark all that apply).

Increased opportunities for students to be physically active

Increased opportunities for students to select and consume healthier foods and/or snacks

Improved access to fresh fruits and vegetables (e.g., implementing a farm-to-school program or fruit and vegetable snack program)

Other (please specify)

17. During the 2022-2023 academic year, did your district/charter school bullying policy address any of the following? (Mark all that apply.)

- Bullying based on gender
 - Bullying based on race/ethnicity
 - Bullying based on sexual orientation/identity
 - Bullying based on physical characteristics
 - Cyberbullying
 - Other - please specify (if not applicable, please explain)
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